

Dr. Stephanie Liu • Dr. Alexis Katzell • Dr. Felix Soibelman • Dr. Erika Persson • Dr. Olesia Markevych
 Dr. Michael Lai • Dr. Navdeep Dhaliwal • Dr. Steve Petryk • Dr. Jaime Bawden • Dr. Jared Jacobson

PATIENT LABEL / DEMOGRAPHICS:

NAME: DATE OF BIRTH:
 PHONE: PHN:
 EMAIL: REFERRING PRACTITIONER:
 ADDRESS: PRAC ID#:

CLINIC NAME: FAX #:

DATE OF SYMPTOM ONSET: BODY PART: LEFT RIGHT

DIAGNOSIS / HISTORY:

MD PROGRAMS (Covered by Alberta Health):

- | | |
|--|--|
| <input type="checkbox"/> SPORTS MEDICINE CONSULTATION | <input type="checkbox"/> STEROID JOINT INJECTION |
| <input type="checkbox"/> RAPID ACCESS MSK INJURY CLINIC
<small>Acute MSK, within 8 weeks of injury, ages 8+</small> | <input type="checkbox"/> CAST CLINIC FOR NON-SURGICAL FRACTURES OR
SPLINT FITTING |

ALLIED HEALTH SERVICES (Private Pay / Insurance):

- PHYSIOTHERAPY**
- | | | | |
|---|--|---|---|
| <input type="checkbox"/> SHOCKWAVE THERAPY | <input type="checkbox"/> LASER THERAPY | <input type="checkbox"/> DRY NEEDLING / ACUPUNCTURE | <input type="checkbox"/> ELECTROTHERAPY |
| <input type="checkbox"/> JOINT MOBILIZATION | <input type="checkbox"/> CUPPING | <input type="checkbox"/> THERAPEUTIC EXERCISE | <input type="checkbox"/> MANUAL THERAPY |
| <input type="checkbox"/> ACUTE SPORT CONCUSSION CLINIC (<small>Acute sport / recreation-related only, ages 13+</small>) | | | |
-
- REGISTERED DIETITIAN**
- | | | |
|--|--|--|
| <input type="checkbox"/> NUTRITION ASSESSMENT | <input type="checkbox"/> PERFORMANCE / SPORTS-SPECIFIC NUTRITION | <input type="checkbox"/> CONCUSSION / INJURY NUTRITION |
| <input type="checkbox"/> BODY COMPOSITION ANALYSIS / CONSULT | <input type="checkbox"/> DISORDERED EATING / RED-S | <input type="checkbox"/> THERAPEUTIC / CUSTOM MEAL PLANS |
| <input type="checkbox"/> PEDIATRIC / FAMILY NUTRITION | | |
-
- DEEP TISSUE MASSAGE**
- | | | | | |
|----------------------------------|--|---------------------------------------|----------------------------------|---|
| <input type="checkbox"/> MASSAGE | <input type="checkbox"/> SOFT TISSUE RELEASE | <input type="checkbox"/> POSTURE WORK | <input type="checkbox"/> CUPPING | <input type="checkbox"/> THERAPEUTIC EXERCISE |
|----------------------------------|--|---------------------------------------|----------------------------------|---|
-
- REGISTERED PSYCHOLOGIST**
- | | | |
|---|---|---|
| <input type="checkbox"/> SPORT AND PERFORMANCE PSYCHOLOGY | <input type="checkbox"/> EATING DISORDERS | <input type="checkbox"/> DEPRESSION AND ANXIETY |
|---|---|---|
-
- PERFORMANCE 360** Comprehensive baseline assessment for athletes including: functional movement, nutrition, mental health, and concussion screening.

Submit this form via fax to **1-833-381-0929**. Patient will be contacted directly.

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Rapid Access MSK Injury Clinic:

Assessment, management, and ongoing rehabilitation guidance.

- 1) New MSK injury, occurring in the last 8 weeks
- 2) Patient ages 8+
- 3) Must call Athleticare (780-902-3255) for any patients needing to be seen within 48 hours to confirm availability.

Acute Sport Concussion Clinic:

Follow up acute concussion symptoms, provide ongoing guidance on return to activity.

- 1) Acute concussion, occurring in the last 8 weeks
- 2) Patient does not require urgent head imaging

Exclusion Criteria

Concussion >2 months ago/Chronic concussion syndrome
MVC/WCB related concussion

Cast Clinic:

Casting/splinting or follow up on non-surgical casted fractures

- 1) Non-surgical fracture, or splint application for non-fracture indication
- 2) Off-loading braces for osteoarthritis available

Sports Medicine Consultation (Adult and Pediatric available)

- 1) Regularly involved in a fitness activity or sport (including physical education classes at school)
- 2) Injury or issue must be affecting exercise/sport

Exclusion Criteria

- Non-sport related concussion
- Chronic concussion with symptoms lasting >2 months
- Chronic pain of all types Adult and Pediatric
- Chronic mechanical low back pain and chronic neck pain (Adults)
- MVC related injuries, workplace injury or WCB
- Acute issue requiring urgent orthopedic assessment
- End-stage issues requiring surgical management (severe osteoarthritis, end stage shoulder rotator cuff disease/OA)
- Questions on surgical appropriateness (recommend direction to a surgeon)

** referrals for osteoarthritis should be for active patients who have already trialed first line management including physiotherapy*